BTEC Sport

Awarding Body	PEARSON	**Specification Code**	603/0460/1

Purpose of the course	The BTEC Level 3 Diploma is a practical, work related course. You learn by completing assignments and examinations that are based on realistic work based situations, activities and demands. As well as learning about the employment area you have chosen, you develop the skills needed to start your career.
Entry requirements	English Language 4 PE GCSE (if studied) Grade 4.
Type of qualification	BTEC Level 3 Extended Diploma in Sport
Course contents	**Unit 1: Anatomy and Physiology.** Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of energy systems. **Unit 2: Fitness Training and Programming for Health, Sport and Well-being.** Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being. **Unit 3: Professional Development in the Sports Industry**. Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities. **Unit 7: Sports Sports Performance.** Learners study the skills, techniques, tactics and rules of selected sports through active participation in individual/team sports. Please note Unit 3 and Unit7 topics are subject to change. Unit 1 and Unit 2 are mandatory units.
Assessment method	Unit 1 and Unit 2 will be completed by a written exam. Unit 3 and 7 will be completed through projects and assignments. Each module has assessment criteria of Pass, Merit and Distinction. At the end of the course your marks will be collated to give an overall grade.
Further studies	BTEC Sport content is extremely useful in a large and diverse range of further studies in the field of sports science/ PE.
Subject Lead	Miss R Perry & Ms M Rooney