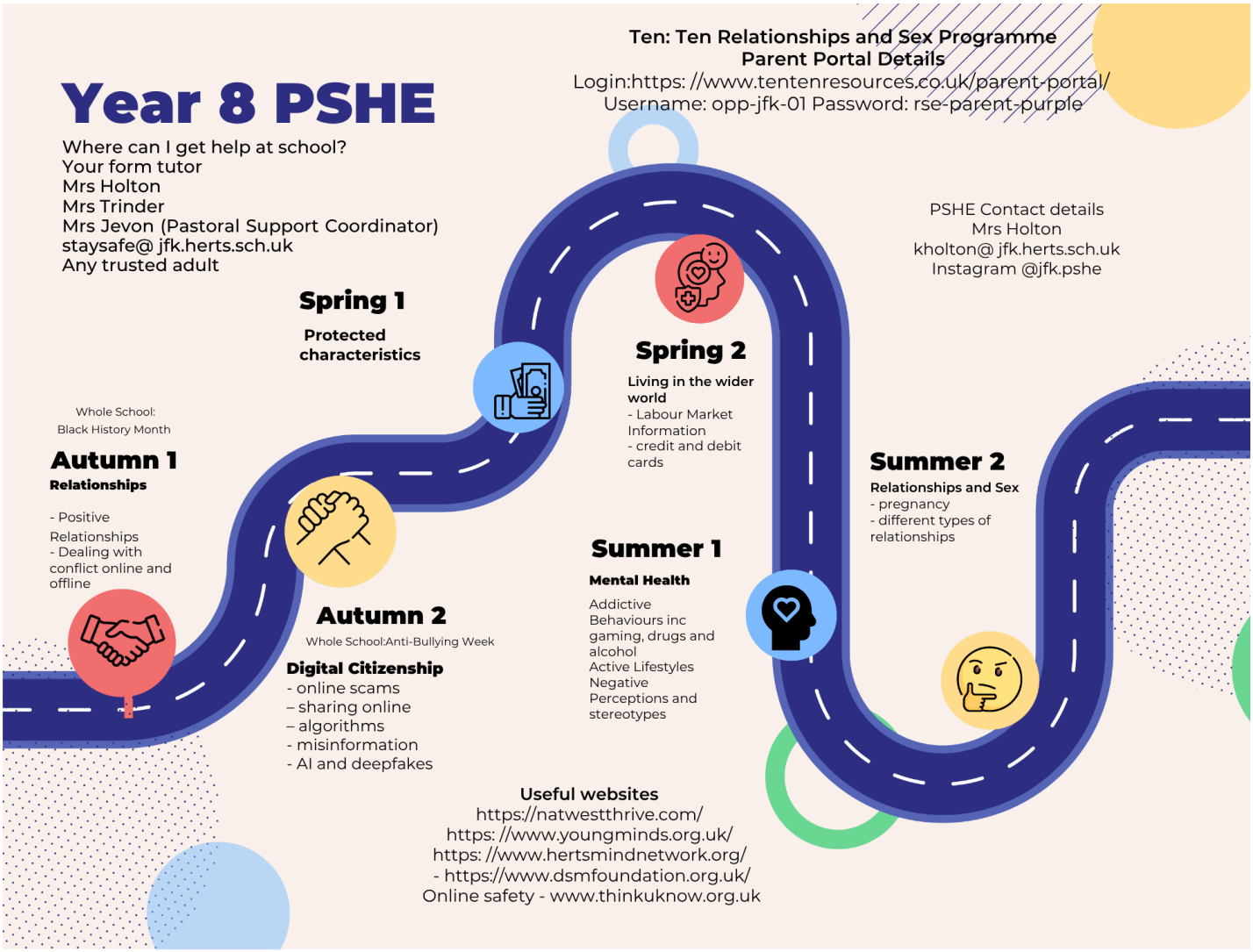

Year 8 PSHE
Where can I get help at school?
Your form tutor
Mrs Holton
Mrs Trinder
Mrs Jevon (Pastoral Support Coordinator)
staysafe@ jfk.herts.sch.uk
Any trusted adult
Ten: Ten Relationships and Sex Programme
Parent Portal Details
Login:https: //www.tentenresources.co.uk/parent-portal/
Username: opp-jfk-01 Password: rse-parent-purple
PSHE Contact details
Mrs Holton
kholton@ jfk.herts.sch.uk
Instagram @jfk.pshe
Whole School:
Black History Month
Autumn 1
Relationships
- Positive Relationships
- Dealing with conflict online and offline
Autumn 2
Whole School:Anti-Bullying Week
Digital Citizenship
- online scams
– sharing online
– algorithms
- misinformation
- AI and deepfakes
Spring 1
Protected characteristics
Spring 2
Living in the wider world
- Labour Market Information
- credit and debit cards
Summer 1
Mental Health
Addictive Behaviours inc gaming, drugs and alcohol
Active Lifestyles
Negative Perceptions and stereotypes
Summer 2
Relationships and Sex
- pregnancy
- different types of relationships
Useful websites
https://natwestthrive.com/
https: //www.youngminds.org.uk/
https: //www.hertsmindnetwork.org/
- https://www.dsmfoundation.org.uk/
Online safety - www.thinkuknow.org.uk