

# CATERING UPDATE!

July 2024



Dear Students, Teachers, Parents and the wider JFK community...

Culinera are delighted to provide the catering at John F Kennedy Catholic School. Culinera is an independently owned and independently operated catering company, established in 2020 with the aim of bringing about a new era in food. We create **school restaurants not canteens**; and offer a bespoke service to JFK.

We wanted to send this newsletter to let you know some of the things we have been up to and of course to remind you about the **fabulous food and fun** we have on offer at JFK

Our team at John F Kennedy School, lead by our Executive Chef, Alan have been hard at work to bring you the freshest and most tasty food they can. The team have loved hosting our recent theme days. There is plenty more fun to come so see below the upcoming theme days.

In order to bring you great food, we rely on fantastic people to come to work each day and deliver freshly prepared food. We invest in our teams to ensure they have the right skills, equipment and responsibly sourced quality ingredients to show case at lunch time. We have a strict no-packet mix rule, so everything is as fresh as it can be. Culinera are proud to offer a wide range of options each lunch time to meet the needs of every person - from our showcase main to delicious salads and bakes. We serve over 40 different items each day, so there is truly something for everyone! We serve:

- A wide selection of **grab and go items** including half sandwiches, baguettes, fruit pots, pudding pots, bakes and salads.
- A variety of **healthy, tasty main meals prepared from scratch every day** from carefully selected ingredients. The menu for this term is included with this newsletter! We also run Chef Special options that our team cook up based on what's available in the kitchen, and to try new things!
- Our new PURE range has loads of amazing **free-from choices**, including our very popular chocolate brownie which is made with non-gluten containing ingredients.
- Our salad bars are bursting with **homemade healthy salads**. All pre-boxed and ready to be collected.
- As we move into warmer months, you will be able to taste our new **iced drinks** range, our salad boxes and lots of seasonal dishes.

Please keep scrolling to see more of what we have been up to!

## THEME DAYS COMING UP AT JFK

### JULY



### SEPTEMBER



### OCTOBER



Keen to find out more? Visit our dedicated catering website - <https://www.myculinera.co.uk/jfkcatholic>



## FOODIE FACTS!

- All our dishes are fresh and healthy, cooked from scratch by people who know what they are doing!
- We offer awesome familiar favourites and exciting new dishes
- There is plenty of variety with a three week menu cycle
- We love to use fresh, seasonal ingredients
- Our own chefs prepare all meals to the highest standards
- We never add colourants or preservatives
- We can prepare meals for those with special dietary needs
- No need to pre-order, just visit the restaurant!

## REMEMBER TO KEEP YOUR ACCOUNT TOPPED UP

Please use the schools online payment service to top up your catering account. You can also login to view balances and items purchased. For those who don't currently have access to the online system, you can request an activation letter from the Finance Office or School Reception. Please see the Catering page of the school website for more information. In addition to this, Sixth Form and Staff can pay by contactless using credit/debit card, Apple Pay and Android Pay.

## YOU MAY BE ENTITLED TO FREE MEALS

Your child may be eligible for a free school meal which could save you over £450 a year and gain additional funding for your school. To see if you qualify, visit

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

For children entitled to the entitlement. They can choose any two items (regardless of price) for your allowance at lunchtime (just not two puddings!).

## DID YOU KNOW?

- We have **cold grab and go from 75p** and **hot food from just £1.50** every day!
- We have a **variety of meal deals!** Look out on the digital screens for the latest information.
- We have **theme days** twice per month!
- Sixth form have access to use our services all day!
- **Spend limit** has **increased** to £7.25 from **September**. This is optional and if you would like to decrease or even increase the spend limit on your account, please email directly [jfkatholic@culinera.co.uk](mailto:jfkatholic@culinera.co.uk)

## SCAN THIS QR CODE TO GIVE YOUR FEEDBACK!



Once you have eaten with us, let us know what you think. Scan the QR code to tell us about your dining experience. We're always eager to hear your feedback on our service!

## MEET ALAN, YOUR EXECUTIVE CHEF



Hi, my name is Alan, and I am your Executive Chef here at JFK.

I have been working in the hospitality industry for 20 years in Canada, Argentina, Colombia, Spain and in the UK. I have worked with Jamie Oliver and was also the head chef at the Royal Albert Hall.

I love food and enjoy working in the kitchen. The education sector is a new adventure for me, and I am very excited to be working here at JFK.

If you see me in the kitchen, feel free to come and say hello! I am very approachable and welcome your feedback.

## FOOD AT JOHN F KENNEDY



Every Wednesday is our famous roast at John F Kennedy school!!



Delicious range of hot Grab & Go items



Spicing it up with a great curry themed menu!



Freshly baked pastries



Daily hot main dishes



Celebrating Red Nose Day

# FREE SCHOOL MEAL ALLOWANCE?

AS PART OF OUR FREE SCHOOL MEAL ALLOWANCE, YOU ARE ENTITLED TO ANY TWO ITEMS FROM THE MENU BELOW:

1

Choose ONE of these main items

## MAIN COURSE

PIZZA

PANINI

PASTA POT

SALAD POT

SANDWICH

+

2

Add ONE of the following items

## FRUIT POT

CLASSIC BAKE

JELLY

8OZ CULINERA ICE

BOTTLE OF WATER 330ML



FIND OUT IF YOU ARE ELIGIBLE FOR FREE SCHOOL MEALS BY VISITING [WWW.GOV.UK/APPLY-FREE-SCHOOL-MEALS](http://WWW.GOV.UK/APPLY-FREE-SCHOOL-MEALS)



Showcase mains - SPRING 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>					
<b>Main 1</b>	Chicken Pad Thai (nut free)	Italian beef ragu with chunky roasted vegetables and fusilli pasta	The great British roast, with all the trimmings	Butter chicken with pilau rice and tandoori broccoli	
<b>Main 2</b>	Rainbow vegetable Pad Thai (nut free)	"Baked melanzane" Aubergine and tomato bake with parmesan cheese	Mushroom and spinach Wellington with sage and onion stuffing	Cauliflower tikka masala with pilau rice and tandoori broccoli	The full works: Culinera chip shop Vegan "fish" box Fish finger wrap
<b>MARKETPLACE STREET FOOD</b>	Meatball rice pot Patatas bravas	Home made dough balls Italian herb wedges	The roast wrap Courgette fries	Veggie naan kebab roll BBQ wings	

**Pasta and Noodle bar**  
Daily specials including: Pasta - Culinera classic, pesto, mac 'n' cheese or vegetable ragu  
Noodles - Soy, chilli and ginger or chow mein

**Pudding**  
Hot chocolate brownie with caramel sauce  
Tiramisu  
Traditional syrup sponge  
Apple and pear crumble  
Culinera sundae

TRY OUR **home-made SOUP**  
*with freshly baked bread*

**SOURDOUGH**  
FRESHLY BAKED OPTIONS  
*every day*

TAKE US HOME

Order and collect before you go home

**DAILY chefs specials**  
Check what's on offer today!

Watch out for our daily **culinera Concepts**

**HEALTHY APPETITE?**  
Why not try our **healthier options**

**Menu Key**  
 Vegan Vegetarian Added Plantain Power Available after school Smaller portions available Healthy eating points

Please inform a Culinera Allergen Champion of any allergies or dietary requirements before purchasing Items • Products are subject to local changes at each of our schools, and may not be on sale on the advertised day or at any point • We have daily specials available, which are priced individually at the point of sale • Due to the nature of our till systems, any special offers or meal deals need to be requested at the point of purchase to the till operator • Items detailed within our menu key are subject to local availability at each of our schools and may not be available on the advertised day or at any point.



## Showcase mains - SPRING 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 2</b>					
<b>Main 1</b>	Chicken shawarma kebab, cumin spiced potatoes and yoghurt dressing.	Cottage pie, with creamy mashed potato, gravy and fresh garden vegetables	The great British roast, with all the trimmings	Sticky BBQ chicken wrap, loaded with house slaw, crispy garlic potatoes and salad	
<b>Main 2</b>	Garlic roasted vegetable kebab, with flatbread and yoghurt dressing	Vegetable cottage pie, with creamy mashed potato, gravy and fresh garden vegetables	Red onion, with roasted vegetables and feta filo pie	Homemade falafel burger with wedges and salad	The full works: Culinera chip shop Vegan "fish" box Fish finger wrap
<b>MARKETPLACE STREET FOOD</b>	Bombay street toastie Sweet potato fries	Neon loaded nachos Popcorn chicken	Dirty wedges Pizza toastie	Steak and onion slice Chicken tagine pot	
<b>Pasta and Noodle bar</b>	Daily specials including: Pasta - Culinera classic, pesto, mac'n' cheese or vegetable ragu Noodles - Soy, chilli and ginger or chow mein				
<b>Pudding</b>	Sticky toffee pudding	Apple pie with ice cream	Culinera carrot cake	Oreo cheese cake	Chocolate mousse

### Menu Key



Vegan



Vegetarian



Added Plant Power



Available after school



Smaller portions available



Healthy eating points

TRY OUR  
**home-made SOUP**  
with freshly baked bread

**SOURDOUGH**  
FRESHLY BAKED  
OPTIONS  
*every day*

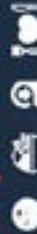


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by culinera

### Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main 1</b>  	Loaded chicken Gyros, with oregano wedges	Italian beef meatballs with penne pasta	The great British roast, with all the trimmings	Katsu chicken with cucumber, chilli salad and vegetable rice	
<b>Main 2</b>  	Mediterranean couscous Buddha bowl 	Farfalle pasta puttanesca 	Sun blushed tomato, cheddar and red onion tart with all the trimmings 	Tempura vegetables, with soy and chilli dressing and coconut rice  	The full works! Culinera chip shop Vegan 'fish' box  Fish finger wrap
<b>MARKETPLACE</b> 	Orzo pasta pot  Cheese tomato and pesto toastie 	Chicken paella pot  Wedges with crumbed feta 	Giant yorkies and gravy Crispy cajun chicken bites	Loaded spring rolls   Lebanese street wrap	

### Pasta and Noodle bar



Daily specials including: Pasta -Culinera classic , pesto, mac 'n' cheese or vegetable ragu  
Noodles - Soy, chilli and ginger or chow mein

### Pudding

Lemon drizzle cake

Greek doughnuts with honey and cinnamon

Apple and mixed berry crumble with custard

Blueberry Dutch pancakes

Rocky roll with whipped cream

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