



Sport

Awarding Body	PEARSON	Specification Code	603/0460/1
Purpose of the course	The BTEC Level 3 Diploma is a practical, work related course. You learn by completing assignments and examinations that are based on realistic work based situations, activities and demands. As well as learning about the employment area you have chosen, you develop the skills needed to start your career.		
Entry requirements	Grade 4 or above PE GCSE English Language or Mathematics Grade 4		
Type of qualification	BTEC Level 3 National Certificate		
Course contents	<p>Unit 1: Anatomy and Physiology. Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of energy systems.</p> <p>Unit 2: Fitness Training and Programming for Health, Sport and Well-being. Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being.</p> <p>Unit 3: Professional Development in the Sports Industry. Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.</p> <p>Unit 4: Sports Leadership. Learners study what makes a good leader, the different capacities of this role, and the leadership skills and techniques necessary when leading activities in different roles.</p> <p>Please note Unit 3 and Unit 4 topics are subject to change. Unit 1 and Unit 2 are mandatory units.</p>		
Assessment method	Unit 1 and Unit 2 will be completed by a written exam. Unit 3 and 4 will be completed through projects and assignments. Each module has assessment criteria of Pass, Merit and Distinction. At the end of the course your marks will be collated to give an overall grade.		
Further studies	BTEC Sport content is extremely useful in a large and diverse range of further studies in the field of sports science/ PE.		
More information from	Mr Hawkins		